

COGNITION

An autistic person may:

- **Struggle to think, reason, understand, and remember things.**
- **Need to do one thing at a time.**
- **See things in concrete terms (no gray areas).**
- **Have significant abilities in music or math.**
- **Remember details easily (names, facts, trivial information).**
- **Struggle to manipulate ideas to problem solve.**
- **Superficial depth of knowledge on a specific topic.**
- **Be slow to process information.**
- **Struggle to connect ideas.**
- **Struggle to categorize items and ideas.**
- **Difficulty with temporal concepts.**
- **Difficulty with sequencing of events.**
- **Struggle with scenarios/narratives.**
- **Difficulty with pretense, humor, and inference.**

Organize, Prioritize and Sequence

- Information processing
- Prediction of the consequences
of an action
- Temporal concepts
- Executive Function

Central Coherence

Perception of context;
Seeing the big picture
along with the details;

Executive Function

Planning/Organization/Flexibility/Monitoring

One: Plan the steps (in logical order)
needed to complete a task.

Two: Use working memory to recall the steps
needed to complete a task.

Three: Shift thinking from one activity to another.

Four: Impulse control to remain focused
on the current activity.